



2023 AONH CONFERENCE - AGENDA

FRIDAY	ACTIVITY
8:00am – 9:00am	Registration & Sign In
9:00am – 9:30am	Greetings / Introductions Sam Abukittah: Welcome
9:30am – 10:15am 45 MINUTES	KAREN “ZUZU” ZEIMER <i>“Reclaiming Your CALM – 5 Top Stress Management Techniques for Practitioners.”</i>
10:15am – 10:45am 30 MINUTES	SAM MORRIS <i>“MACE ENERGY METHOD: The Revolutionary Pathway to Health and Wellness”</i>
10:45am – 11:15am 30 MINUTES	DR. AKSANA CATALDO <i>“Frequency Medicine: Using Frequencies to Test and to Heal”</i>
11:15am – 11:30am 15 MINUTES	BREAK
11:30am – 12:30pm 60 MINUTES	DR. RYAN HOLT <i>“Stress, Trauma, and the Immunomodulatory Effects of Acupuncture.”</i>
12:30pm – 12:45pm 15 MINUTES	VENDOR EDUCATIONAL MOMENT (BaxMAX)
12:45pm – 1:30pm	LUNCH
1:30pm – 1:45pm 15 MINUTES	VENDOR EDUCATIONAL MOMENT (Restore Hyper Wellness)
1:45pm – 2:30pm 45 MINUTES	KAY AUBREY-CHIMENE <i>“Opening the Body with Targeted Light: Attaining Maximum Stress Relief with Standard Enzyme Products.”</i>
2:30pm – 2:45pm 15 MINUTES	BREAK
2:45pm – 3:15pm 30 MINUTES	AMY SPROUSE <i>“What’s Behind the Bottle? How Quality Ingredients & Proven Processes Improve the Quality of Your Life”</i>
3:15pm – 4:15pm 60 MINUTES	DR. REED SAINSBURY <i>“Emotions and Your Health: Healing Traumatic Experiences from the Past.”</i>
4:15pm – 4:30pm 15 MINUTES	BREAK
4:30pm – 5:30pm 60 MINUTES	TECHNICIAN’S PANEL



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SATURDAY	ACTIVITY
8:00am – 9:00am	Registration & Sign-In
9:00am – 9:30am	Greetings / Introductions Sam Abukittah: Welcome
9:30am – 10:30am 60 MINUTES	DR. CHRISTINA PARKS <i>“Chronic Immune Activation and T-cell Dysregulation”</i>
10:30am – 10:45am 15 MINUTES	BREAK
10:45am – 11:00am 15 MINUTES	AONH & SEC UPDATES Trey Longenecker
11:00am – 12:00pm	DR. GREG HOWARD <i>“Case Study: Pulmonary Artery Intimal Sarcoma”</i>
12:00pm – 1:00pm	LUNCH
1:00pm – 2:00pm 60 MINUTES	DR. MICHELE MILLEN <i>“Standard Enzyme Company Products Presentation”</i>
2:00pm – 2:15pm 15 MINUTES	BREAK
2:15pm – 3:15pm 60 MINUTES	DR. DAVID GARWOOD <i>“Prescription for Change: Addressing the Epidemic of Physician Burnout”</i>
3:15pm – 4:15pm 60 MINUTES	DR. GEORGE YIACHOS <i>“Bio-Hacking Heart Disease”</i>
4:15pm – 4:30pm 15 MINUTES	BREAK
4:30pm – 5:30pm 60 MINUTES	DOCTOR’S PANEL
5:30pm – 5:45pm 15 MINUTES	REMEMBERING DR. RASHID BUTTAR